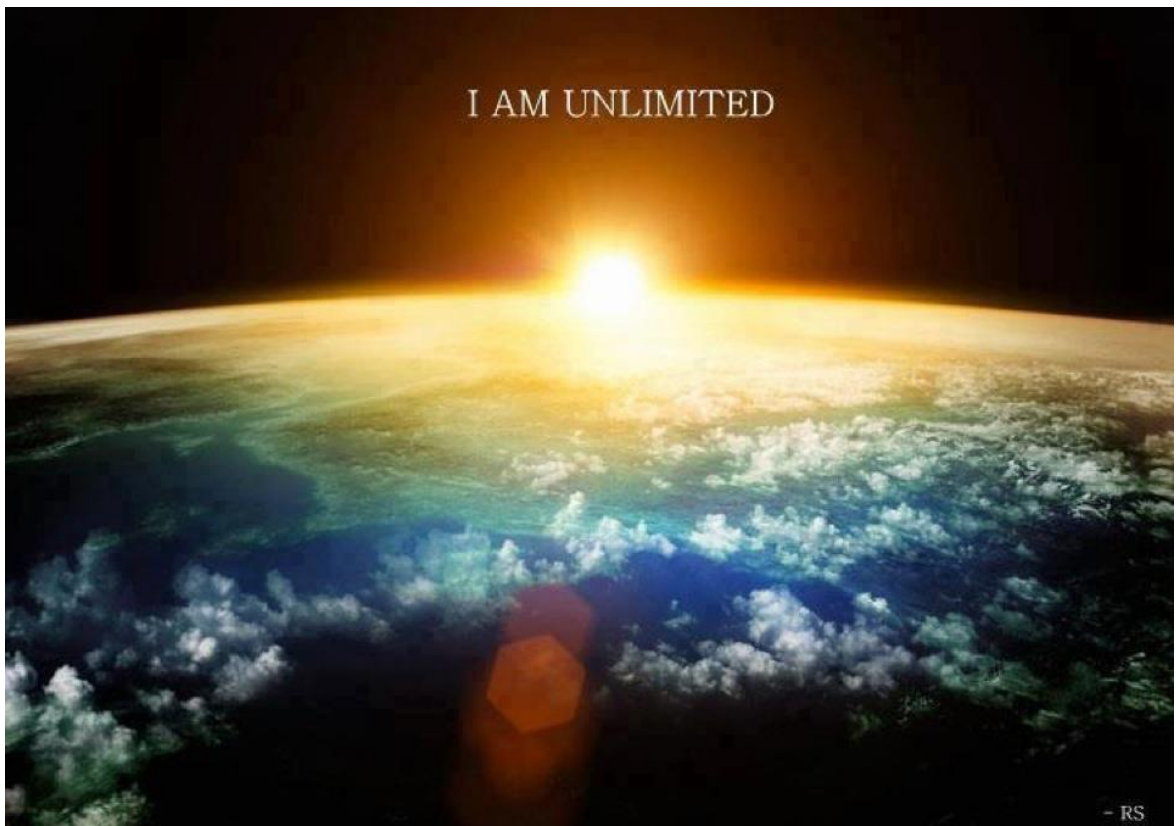


# Sacred Self-Mastery program

with Julia Mikk

## 7th Module: Embody Oneness



Right now, let your mind pause and relax. Let your attention turn to the idea of oneness. What do you feel?

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How does your awareness of Oneness express itself through your feelings, emotions and every day life circumstances? Even if it is just a mental construct that we are all one at the core of our being – how does it affect your every day life choices?

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This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly textured appearance and is set against a dark background.

[illegible]

